

Welcome to the September 2014 Neville Goddard Mastermind.

The Secrets of Speed Recordings

**FIRST, get out of SOS mode.**

Stop sending distress signals.

Pick a word.

Calm. - - - Peace.

What do you REALLY want?

(The less of a comparison - the better.)

**USE FEELING WORDS**

Feel the word.

An-ger. Hate-red.

Calm.... - Smoothing it out.

Peace.... -

Thank you - The attention moves to a "you".

ThankFUL. - The feeling of thank and full.

**SECOND - Inner Conversations - do they match up with what you have desired?**

What kind of inner conversations does that kind of person have?

Kind - nice.

Proper, intelligent use of money. (From getting money to now that you've got it, how do you use it.

Lovely and giving conversations about others. (Including old relationships.)(The desired sex...)

Facebook wall posts - reveal inner conversations.

Change the focus of them - the CONTEXT.

**THIRD - Change the ORIGIN of your Inner Conversations.**

I can't afford that. (Poverty origin)

How can I get that? (Resourceful origin.) (Most wealthy people I know and have modelled, OFTEN will attempt to get something - without money - or not paying

retail.)

I can't is an assertion - you are claiming a condition is true. I can - would be another assertion....

On the other hand....

How can I - creates a huge hole in the assertion. Inspiring you to change who you are in the world.

How can I - gets to be focused INWARD then OUTWARD.

I can become the INVESTOR.

I can become the PROFESSIONAL.

#### **FOURTH - Change the ACTIVITY around your inner conversations.**

What can I shift - in physical / imaginal world - so I can afford that?

(Do you imagine you NEED THAT COFFEE AND DOUGHNUT? Do you imagine YOU are the ONE person on the planet who is too busy to learn and do this?)

Or are you the investor? (Who chooses to invest the donut money?)

Are you the person who DROPS busy work, and distractive life - so they can CREATE?

WHEN YOU CHANGE THE ACTIVITY this way- you support the change in YOU.

#### **SPEED SESSIONS - These should take less than 15 seconds to experience.**

To create them ask:

What's going on?

What am I doing?

What is "the tipping point"?

These questions will help you find:

The Scene.

The Action.

The Anchor.

#### **THE SECRET OF SUCCESS FORMULA:**

Practice the state akin to sleep MORE than you THINK you need to.  
2 or 3 times for 5 to 15 minutes a day is a MUST.

When you are “there” do you SPEED SESSION.

### **SPEED UP USING THE POWER OF WHY**

(How to get to what you REALLY want.)

#### ***Why do you want that?***

I want my ex back.  
So I will not be sleeping alone and eating alone.  
Because I don't want to be lonely.  
Because I want to feel loved.

FEEL LOVED. This is where the power typically begins. CREATE THE STATE OF FEELING LOVED.

I want a million dollars.  
So I can do what I want, when I want.  
So I won't feel any financial pressure.  
So I can relax around money.

#### THE TYPICAL PATTERN

Thing.  
Activity.  
Feeling to avoid.  
Desired feeling.

CREATE THE STATE OF RELAXED AROUND MONEY.

#### THE POWER OF IMPLICATION - MOVED BEYOND THE HAPPENING

Making wise, productive use of money?  
Being thoughtful and courteous?  
Being active, appreciative....